

# CARE

# Hermann's Tortoise



### **OVERVIEW**



- · Scientific Name: Testudo hermanni
- Origin: Southern Europe
- · Ease of Care: Intermediate
- · Potential Adult Size: 5 to 8 inches
- · Life Span: 80 years
- · Behaviour: Diurnal
- · Diet: Herbivore
- Handling: Beginner







#### **TOP TIPS**

- **HOUSING**

✓ To keep your Hermann's Tortoise stimulated, vary their food

- ✓ Use a sand scoop when spot cleaning
- ✓ Provide a moist area

HabiStat Tortoise Table (HTTO / HTTB)

#### **EQUIPMENT NEEDED**



- Housing: Tortoise Table
- Heating & Lighting: Arcadia 2nd Generation UV Basking Lamp 100w
- · Substrate: HabiStat Tortoise Bedding
- · Water: HabiStat Tortoise Pool

#### **RUNNING COSTS**



- Average Cost: 37p Per Day
- Average kW per day: 1.309

Calculations are based on using the recommended timings, heating, and lighting provided throughout the care sheet, and the Electricity unit rate of 28p per kWh

#### **ENVIRONMENT**



#### **Tortoise Table Setup**



#### **Enclosure Readings**

- Hot Spot: 30-32°C (86-90°F)
- Background Temp: 23°C-26°C (73°F-79°F)
- Night-Time Temp: 18°C-23°C (64°F-73°F)
- Humidity: 40%-70%
- · UVI: 3-4

#### Heating

Hermann's Tortoises are a diurnal species and require a suitable light and heat gradient in the enclosure to simulate a complete 24-hour period.

The HabiStat Tortoise Accessory Kit (HSTTAK) provides all the light, heat, and safety elements for the enclosure in one handy kit.

Use the Arcadia Reflector Clamp Lamp with Ceramic Holder Ceramic (RARMG160) with

the Arcadia 2nd Generation UV Basking Lamp (RSMA100E27).

Please note, the Arcadia 2nd Generation UV Basking Lamp can't be used through a thermostat.

If night-time temperatures are dropping low, add a HabiStat Heat Mat running through a HabiStat Mat Stat (HTMW1) in the Tortoise Tables dedicated sleeping quarters. This is sold separately from the HabiStat Tortoise Accessory Kit

Check temperatures and humidity regularly, using a reliable thermometer and hygrometer to ensure that there are no extreme fluctuations.

Ensure that it is fitted correctly and within the manufactures recommended distances, providing a UVI of 3-4.

#### **Substrates and Decoration**

Personal choice will dictate how you decorate your enclosure, but we recommend the following as a guide:

- HabiStat Tortoise Bedding (HSTB10)
- HabiStat Cork Bark (HDCB5) and various rocks will offer enrichment within the enclosure.
- The use of HabiStat Sphagnum Moss (HSM1) in the covered area of the Tortoise Table and keeping the moss slightly damp will provide a humid retreat for the Tortoise to use as needed.

#### **DIET & WATER**



Ensure a Hermann's Tortoise has a varied diet, with a mixture of fresh weeds, flowers, plants, and leafy greens.

Arcadia Optimised52 (RAREPO250) can also be fed daily using 1 tile per 400g of body weight.

## Young/Juvenile/Adult offer a varied diet daily such as –

- A handful of fresh weeds, flowers, leafy greens
- Or, 1 tile of Arcadia Optimised52 (RAREPO20) per 400g of body weight
- HabiStat Tortoise Food (HSTFM200) as a treat a few times a month

Always provide a source of fresh water. The HabiStat Tortoise Pool (HRRDTPM) will provide a safe and sturdy option.

To maintain and regulate humidity within the enclosure, mist as required.

# SUPPLEMENTATION

Hermann's Tortoises need additional supplementation in the form of a calcium and multi-vitamin powder such as Arcadia Earth Pro-A (RAREP100) and Arcadia Earth Pro Calcium Mg (RAREPCM80).

Please follow the packaging instructions.

#### **HEALTH & HYGIENE**



We recommend the following cleaning routine to keep your animal healthy and happy:

	Water	Substrate	Enclosure
Daily	Change old water for fresh water	Spot clean	
Weekly	Disinfect water bowl or dish	Agitate substrate to prevent any bacterial build-up and remove any dirty bedding	Wipe down glass and walls with a reptile safe disinfectant
Monthly		Take out old substrate and replace with new substrate	Wipe down inside the enclosure and disinfect décor with a reptile safe disinfectant

Always wash your hands, surfaces and equipment with warm water and disinfectant immediately before and after handling or feeding your animal, their food, enclosure and any other equipment.

#### **HANDLING & CARE**



While this species is generally placid and will tolerate gentle handling, this can at times be very stressful for the animal, so any handling should only be done in short periods.

Things to look out for that will need a veterinary assistance:

- · Eyes discolouration or not opening
- · Going off food
- · Loose bowel movements
- · Overly long beak

Should your animal display any signs of distress, changes in regular behaviour, or anything visually different, please seek help from your Reptile Veterinarian.

#### **ADDITIONAL INFORMATION**



This species that will benefit from a moist/humid area, so keep the moss slightly damp



#### **Monkfield Nutrition Ltd**

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# DATA MONITORING

Hermann's Tortoise Testudo hermanni. Complete this Sheet at the same time every day e.g. 12pm

Feeding							
<b>Night Time Temp</b> 18°C-23°C (64°F-73°F)							
<b>UVI</b> 3-4							
<b>Humidity</b> 40%-70%							
<b>Background Temp</b> 23°C-26°C (73°F-79°F)							
<b>Hotspot Temp</b> 30°C-32°C (86°F-90°F)							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday